

11TH
ANNUAL

BASEBALL
BATTLES
CANCER

AMERICAN LEGION BASEBALL



MAIN EVENT

JUNE 8, 2024

10 A.M. - 8 P.M.

AMERICAN LEGION TOURNAMENT — JUNE 5-9 — BALLWIN ATHLETIC ASSOCIATION



BENEFITING
The Jason Motte
Foundation for
cancer research and
assistance to those
who are affected.

With the help of our sponsors, teams,
coaches, friends, family and the community,
Baseball & Softball BATTles Cancer has raised

\$150,000+

for cancer research since 2013.

PRESENTED BY

 **Royal Banks**
of Missouri

Visit BaseballBattlesCancer.com for event details.

 BattlesCancer  Battles_Cancer

THANK YOU TO OUR SPONSORS



**BAXTER
FAMILY**



ADVANCED TURF SOLUTIONS ▪ BARTON ELECTRIC ▪ TURNING POINT CHIROPRACTIC
BAA FIELD CREW ▪ BAA BBQ CREW ▪ GREATER ST. LOUIS ASSOCIATION OF UMPIRES

THANK YOU TO OUR COMMITTEE MEMBERS, BALLWIN ATHLETIC ASSOCIATION & VOLUNTEERS!

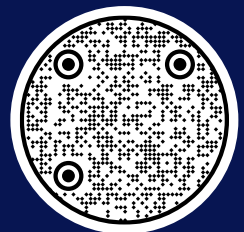
**BUY A RAFFLE
TICKET**



**MAKE A
DONATION**



**TOURNAMENT
SCHEDULE**





DONATE **BLOOD** SAVE LIFE

JOIN THE BASEBALL BATTLES CANCER VIRTUAL BLOOD DRIVE

Sign-up today and give when it
fits your schedule!

Every two seconds someone in the U.S. needs blood. It is essential for surgeries, **cancer treatment**, chronic illnesses, and traumatic injuries. Whether a patient receives whole blood, red cells, platelets or plasma, this lifesaving care starts with one person making a generous donation.



**American
Red Cross**

SCAN TO SIGN UP



rcblood.org/44hRLou

CANCER PREVENTION CHECKLIST

Schedule your annual check-ups - primary care, eye and dental

Avoid carcinogens

Don't smoke or vape

Don't overeat

Drink more water.
Tip: make a pitcher of infused water

Limit the amount of alcohol you drink

Eat fresh fruits as dessert

Try a yoga class

Take part in cancer-screening programs

Walk your dog every night after dinner - great for you and the dog

Use glass food storage containers

Walk 1-mile or more a day

On your lunch break - take a walk outside, but don't forget the sunscreen!

Go on a bike ride

Take a group fitness class

***An ounce of cancer prevention is
worth a ton of cancer cure.***



● Grab a bottle of water before walking out the door

● If you're sitting at your desk all day, take a 20-minute break to walk

● Eat healthy snacks like nuts, fruit and veggies

● Wear UV protected sunglasses

● Drink from a BPA free water bottle

● Eat food with clean ingredients - avoid processed foods

● Seek shade and wear sunscreen daily

● Sleep!
Your body needs to rest

● Do not eat overcooked or burnt meat

● When eating out, order water with fresh lemon instead of soda or alcohol

● Visit a farmer's market and use seasonal produce in your meals

● Implement intermittent fasting into your lifestyle

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THROAT CANCER



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12,650

new cases of laryngeal cancer this year
(10,030 in men and 2,620 in women)

MOST PEOPLE DIAGNOSED WITH
LARYNGEAL CANCER ARE

55 or older

a very small number of people
diagnosed are younger than 55.

Black men are more likely
to develop laryngeal
cancer than white men
and are more likely to die
from it. **It is also much
more common in men
than women.**

The rate of new cases of laryngeal cancer is **FALLING** by about
2% to 3% a year, most likely because fewer people are smoking.

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PROSTATE CANCER



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MORE COMMON THAT YOU THINK

1 in 8 men

will be diagnosed with prostate cancer in their lifetime.



Screening is important

because many early
prostate cancers do not
cause symptoms. Early
detection can save lives.

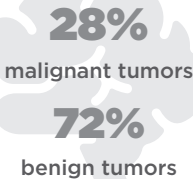
Although highly treatable when
caught early, prostate cancer can
be deadly when caught at late
stages. **Cases of advanced-stage
prostate cancer have increased by
4-5% annually for almost a decade.**



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BRAIN CANCER

An Estimated
1 million

people in the U.S. are living with a primary brain or central nervous system (CNS) tumor diagnosis.



APPROXIMATELY
20-40%
OF ALL OTHER CANCERS LATER DEVELOP A BRAIN METASTASES

This accounts for 98,000 to 170,000 new metastatic brain tumor cases each year.

Brain cancer is estimated to be the 10th leading cause of cancer death in 2023 for both males and females in all age groups.

BALLWIN POST 611



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LUNG CANCER

MOST PEOPLE DIAGNOSED WITH LUNG CANCER ARE

65 or older

very small number of people diagnosed are younger than 45. The average age of people when diagnosed is about 70.

Lung cancer is by far the leading cause of cancer death in the US, accounting for about 1 in 5 of all cancer deaths.

Each year, more people die of lung cancer than of colon, breast, and prostate cancers combined.

A positive note, the number of new lung cancer cases continues to **DECREASE**, partly because more people are quitting smoking (or not starting). The number of deaths from lung cancer continues to drop as well, due to fewer people smoking and advances in early detection and treatment.

CHESTERFIELD POST 556

EUREKA

POST 177



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BREAST CANCER

MICHELLE'S
CATERING

1 in 8 women

in the United States will be diagnosed with breast cancer in her lifetime. In 2024, an estimated 310,720 women and 2,800 men will be diagnosed with invasive breast cancer.



REMINDER

DON'T FORGET TO
SCHEDULE

Breast cancer is the most common cancer in American women, except for skin cancers.

Approximately 15% of women diagnosed have a family history of breast cancer. Those with a first-degree relative (mother, sister, daughter) with breast cancer are nearly twice as likely to develop breast cancer themselves.

HILLSBORO



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COLON CANCER


Bergman
FAMILY DENTAL

1 in 23 men & 1 in 26 women

will be diagnosed with colon cancer their lifetime.

25%-30%

of colon cancer patients have a family history of the disease.

All individuals with a first degree biological relative (mother, father, brother, sister) with a colorectal cancer diagnosis **should begin screening at age 40, or 10 years before the youngest diagnosis of colorectal cancer in the family.**

Of all cancer deaths in people under 50, colon is now

#1 in 

#2 in 

GET SCREENED!!!

1 in 3 adults (ages 45-75) are not getting screened as recommended.

LIVER CANCER

Reducing Risk

You can lower your risk of getting liver cancer in the following ways:

- **Keep a healthy weight and get enough physical activity.**
- **Get vaccinated against hepatitis B.**
- **Get tested for hepatitis C, and get medical care if you have it.**
- **Don't smoke, or quit if you do.**
- **Avoid drinking too much alcohol.**

Did you know?

Chronic Hepatitis B and C infections can cause liver cancer.

Liver cancer ranked amonth the **TOP 3** causes of cancer death in 46 countries in 2020.

MELANOMA CANCER

5-YEAR RELATIVE SURVIVAL RATE OF

99%

WITH EARLY DETECTION AND TREATMENT

MELANOMA IS THE DEADLIEST FORM OF SKIN CANCER BECAUSE IT'S MORE LIKELY TO SPREAD

SOURCES ESTIMATE THAT UP TO

90%

OF CASES ARE CAUSED BY UV RADIATION

WARNING SIGNS:

Use **ABCDE** rule on spots:

- A**SYMMETRY
- B**ORDER
- C**OLOR
- D**IAMETER
- E**VOLVING

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PANCREATIC CANCER



AN ESTIMATED
66,440

Americans will be diagnosed with pancreatic cancer in 2024, more people than **EVER** before.

Pancreatic cancer has the highest mortality rate of all the major cancers.

Pancreatic cancer is more common in people with diabetes.

Heavy exposure at work to certain chemicals (carcinogens) used in the dry cleaning and metal working industries may raise a person's risk of pancreatic cancer.

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BONE CANCER

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In Honor Of

Ray Baxter

Primary bone cancer is cancer that forms in cells of the bone. Some types of primary bone cancer are osteosarcoma, Ewing sarcoma, malignant fibrous histiocytoma, and chondrosarcoma. Secondary bone cancer is cancer that spreads to the bone from another part of the body (such as the prostate, breast, or lung). Primary bone cancer is far less common than cancer that spreads to the bones.

Osteosarcoma is most common in teenagers.

Ewing Sarcoma is most common in teenagers and young adults.

Primary bone cancers (cancers that start in the bones) are uncommon, accounting for less than 1% of all cancers.



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LEUKEMIA

MARYLAND HEIGHTS POST 213

Leukemia is a broad term for cancers of the blood cells.

The type of leukemia depends on the type of blood cell that becomes cancer and whether it grows quickly or slowly. *Leukemia occurs most often in adults older than 55, but it is also the most common cancer in children younger than 15.*

IN 2023,
59,610
people are expected to be diagnosed with leukemia.
437,337
people are living with or in remission from leukemia in the US.

An estimated **54,817 children** and adolescents younger than 20 years in the US are living with or in remission from leukemia, lymphoma, myeloma, myelodysplastic syndromes (MDS) or myeloproliferative neoplasms (MPNs).



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THYROID CANCER

WASHINGTON POST 218

IN 2023, AN ESTIMATED

43,720

new cases of thyroid cancer will be diagnosed in the U.S.

 **3X**

Women are 3 times more likely to develop thyroid cancer than men.

Until recently, **rate of new thyroid cancers was growing faster than for any other cancer** in the US. This was largely due to increased detection during imaging tests such as CT or MRI scans that were done for other medical problems. These sensitive tests can sometimes detect small thyroid nodules that might not otherwise have been found.



*Investing in Our Communities,
One Athlete at a Time.*

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